



February 10, 2023

## The Weekender

### Nourishing body and spirit

Rev. Dr. Thomas Martin

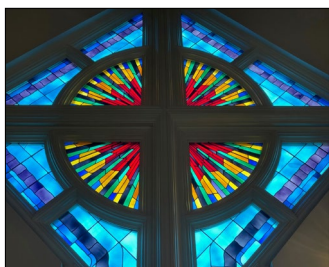
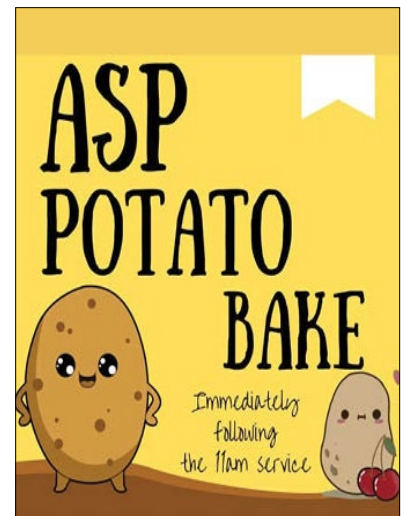
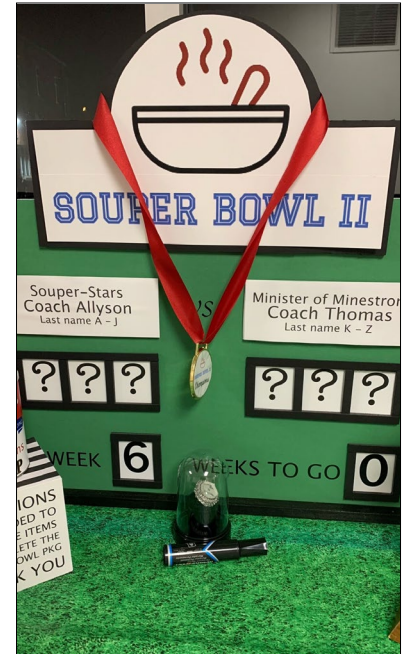
The process of weaning is one of growth. It is a way in which infants grow into kids who then grow into youth who then (hopefully) grow into adults. You do not start infants with solid food, but rather begin with milk. Paul alludes to this fact and uses it as a metaphor for the way in which we grow into the faith in 1 Corinthians. He calls the church there *"still not ready for solid food."*

Notice, however, he does not tell them they should not be nourished. He does not tell them to give up. He is encouraging them to keep growing. Don't stop expanding and evolving your knowledge. To me, this says that there is always room to grow. We hear Jesus' words in Matthew's Gospel, *"Be perfect as your Heavenly Father is perfect."* We all have a long way to go.

But that doesn't mean we stop. We are currently on pace to beat the number of cans of soup raised last year. We keep going. It has been fun to have competition, but let us not lose sight of what we are competing for: we are competing for others and to punch holes in the darkness. So keep bringing in those cans of soup! At the end of the day, we are all on the same team.

Speaking of eating, this Sunday after the 11:00 service, our youth who are going on Appalachian Service Project with youth from Inman UMC will offer us lunch with a Potato Bake Fundraiser in the gym. I hope you will make plans to be there and to hear of the joy with which our youth serve. And a baked potato might be just the thing you need.

We all need food. We all need to grow. We all need to be nourished. What a joy it is to be part of God's family in which we find hope and nourishment for our physical bodies and our spiritual selves as well. Don't stop growing!



**SIXTH SUNDAY AFTER EPIPHANY**

**February 12, 2023**

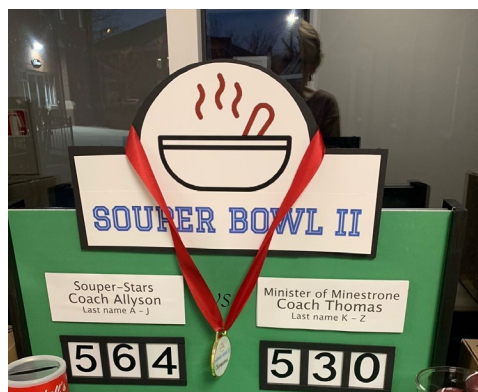
**8:45 and 11:00 AM**

Online link active at 11 a.m. and after  
1 Corinthians 3:1-9; Matthew 5:21-37

Rev. Dr. Thomas Martin

## CURRENT NEWS

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### SOUPER BOWL II Champs announced Sunday

These are the final moments to determine our Souper Bowl II Champion. This photo shows the score as of Wednesday night and will not be updated until the winner is announced Sunday morning at the 11 a.m. service. Bring any variety of 16.3 - 18.8 ounce ready-to-eat soup, not condensed, to the Welcome Center area as a donation for our community. You decide this year's winner!

#### Here's how to credit your team:

Mark the bottom of each can with the first letter of YOUR last name. A Sharpie is available at the donation site. Those with A-J will be credited to TEAM ALLYSON and K-Z will go to TEAM THOMAS. Any cans that are received without letters will be divided between the two teams. Donations are also accepted to complete the soup donation packages. Who will win? We will find out on Super Bowl Sunday, February 12, when either Allyson or Thomas will be presented the Souper Bowl II championship trophy.



Deadline this Sunday  
February 12

### School Supplies for El Salvador: **LAST CHANCE**

It's back to school time ... in El Salvador. We can help children start their new school year with much needed supplies as a mission team from FFUMC, McDonough First UMC, and Cornerstone UMC delivers them on their trip there in February.

These specific supplies are requested. **Starred RED items are needed the most**, but all donations are appreciated.

#2 pencils	small pencil sharpeners
<b>*Colored pencils</b>	24-pack Crayola crayons
Glue sticks	<b>*Bic pens, blue or black</b>
<b>*6" or 12" rulers</b>	"Pearl Pink" or similar erasers
Kids' safety scissors	Dry-erase markers (for teachers)

Donations may be left in the church office or Welcome Portal through February 12. Questions? Contact Maggie Clarke, [mwclarke195@gmail.com](mailto:mwclarke195@gmail.com).

### Valentine Potluck February 11 TOMORROW

Are you ready to share some FRIENDSHIP, FOOD, and FUN? Come enjoy a Valentine Potluck sponsored by the United Methodist Men.

**WHO** Everybody - plus invite a new friend or two

**WHEN** Saturday, February 11, Noon to 2 PM

**WHERE** FFUMC Fellowship Hall

**WHAT TO BRING** Appetizer, Side Dish or Dessert to go with ham and chicken provided by UMM

**WHAT TO EXPECT** Games! Musical Entertainment!

[PREVIEW LINK: Check out this rehearsal video...you'll want to hear the real thing on Saturday!](#)





### Donation tips: Did you know...

You can deliver **Fayette Samaritan donations** to the church office or to the donation box near the gym.

**"Souper Bowl" donations** are collected in the Welcome Portal behind the sanctuary until February 12.

**School supplies for El Salvador** may be placed in the Welcome Portal donation bin beside the Souper Bowl display through February 12.

Recent collection drive for **pill bottles** and **winter items for SafeHouse Outreach** have concluded. Please save them at home for our next drive or donate elsewhere.

**ALL donations** should only be placed in designated bins or delivered to the church office to keep our campus tidy and ensure donations are given to the intended recipients. Call the church office if you have questions. And thanks for all you share!



February 16  
UWF Unit Meeting  
NEW TIME: Noon

### United Women in Faith Unit Meeting: February 16

Gather with the United Women in Faith/United Methodist Women for encouragement, inspiration and friendship at their next unit meeting.

**Date:** February 16, **NOON (note time change)**, FFUMC Fellowship Hall

**Program:** Benevolence Fund

**Special Video:** UMW video from 1992 taken by Florence Prine

**Meal:** Catered by Chick-fil-A \$10

All are welcome! If you are not yet a member of a circle, please contact Lauren Davis, [lauren-davis@comcast.net](mailto:lauren-davis@comcast.net), to reserve your place. If you are a circle member, please sign up and pay through your circle chair by Sunday, February 12.



### New session begins February 13

GriefShare is a program where caring individuals walk with others through the journey of grief. Facilitated by Carol and Bill Webb, classes meet Mondays February 13 through May 8 from 10 a.m. to 12 p.m. in Room B350. All are welcome. For more information on the program or to sign up, contact the Webbs at 404-234-1056 or visit [GriefShare.org](http://GriefShare.org).



### Hills & Dales Estate: Here comes SAGE

Take a trip with friends as SAGE (Senior Adults Going Everywhere) enjoys a tour of Hills & Dales Estate along with lunch at Taste of Lemon.

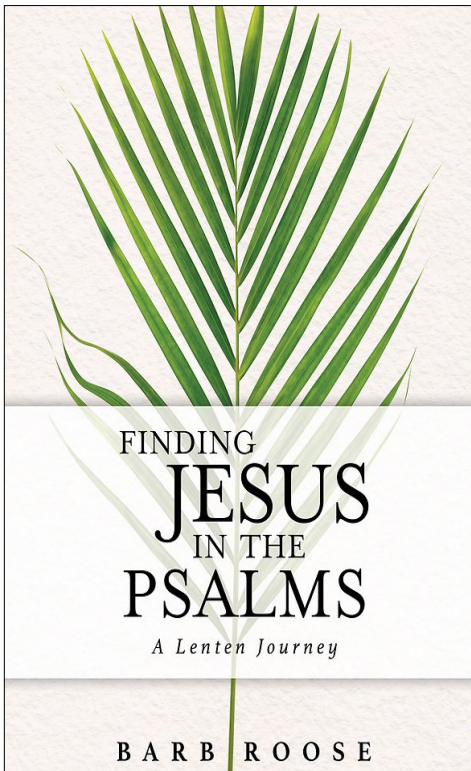
**Date:** February 16, leaving church office at 9:59 AM

**Cost:** Hills and Dales tour: \$20 each if 15+ go; \$25 each if fewer go

Taste of Lemon: Pay per your order

Transportation: \$5 each

**Reservations:** [admin@fayettevillefirst.com](mailto:admin@fayettevillefirst.com) or 770-461-4313



## Our Lenten Season Approaches

In just a few weeks, we will move into the Lenten Season in our church calendar. Here's a look at what is to come:

### Ash Wednesday Service: February 22

Sanctuary, 6 PM, Rev. Charles Robinson

### Lenten Lunches, Thursdays, Noon, Fellowship Hall, \$5

#### Dates, Sponsoring Group, Speaker List:

Ash Wednesday, February 22: UWF Board - Thomas Martin

1st Thursday, March 2: UMM - Charles Robinson

2nd Thursday, March 9: Bethany - Allyson Lawrence

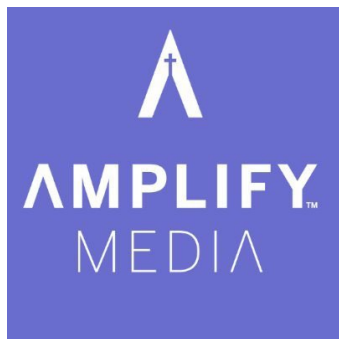
3rd Thursday, March 16: Marie Lamb - Connie Hyder

4th Thursday, March 23: Friendship - Dave Lee

5th Thursday, March 30: Ethel Taylor - Danny Beck

6th Thursday, April 6: Mary Martha Hope/Tabitha - Kathie Hansen

This year's book for Lenten Lunch, *Finding Jesus in the Psalms* by Barb Roose, may be purchased at your favorite bookseller including [Cokesbury](#) and [Amazon](#).



## Amplify Media FREE to you!

Amplify Media is a streaming service allowing churches large and small unlimited video access in order to discover, customize, and share diverse resources that encourage deeper discipleship and greater impact.

Create an account:

- Go to <https://my.amplifymedia.com/amplify/enter-access-code>
- Put in Fayetteville First UMC Access Code: CPWHSB
- Follow prompts to set up your FREE personal account

Once your account is created, you can access the content we have made available through your personal computer, smartphone, tablet, or smart TV. You will not be charged a fee. Fayetteville First already has the paid subscription that is for our subscribers. Be sure to keep your email and password in a safe place so you can remember how to log in next time. Contact Allyson, [alawrence@fayettevillefirst.com](mailto:alawrence@fayettevillefirst.com), with questions on access and content on this great resource.

NOTE: A study by the author of *Jesus in the Psalms*, the book on which our Lenten Lunch series is based, is available on Amplify Media. It's all FREE!



## February Requests from Fayette Samaritans

We can help others through Fayette Samaritans, our local food pantry and clothes closet. Donations may be placed in the hallway cart near the gym or dropped by the church office.

**All donations are greatly appreciated.**

*Canned Chicken, Chicken Broth, Boxed Mashed Potatoes, Canned Peas, Boxed Macaroni and Cheese, Cookies, Coffee, Laundry Detergent, Pull-ups Size 5, Feminine Products*



## NEW! Tim's Country Kitchen

### Wednesday Night Supper: February 15

Gather with friends for a good meal and fellowship on Wednesday evenings, from 5:15 to 6 PM, with a meal from a local restaurant.

February 15: New from Tim's Country Kitchen — Meatloaf, Mashed Potatoes with Gravy, Black-eyed Peas, Rolls, Banana Pudding

[Make your reservation online](#) or contact the church office at 770-461-4313 or [admin@fayettevillefirst.com](mailto:admin@fayettevillefirst.com) by Mondays at 10 AM.

February 22: Ash Wednesday - No Wednesday Night Supper

## FFUMC KIDS NEWS



### Ways to serve and engage in Children's Ministries

As we continue to grow and expand our ministries we need your help. Here are multiple ways you can get involved and learn more about our amazing Kids Ministries.

#### CLASSROOM ASSISTANTS

We are looking for classroom assistants in our Video Game Club and Art Club and also on Sunday mornings during Sunday School. [Here is a link to get more information on what a Sunday/Wednesday classroom assistant does and for days to volunteer.](#)

#### WONDERS OF WORSHIP LEADERS

Wonders of Worship Leaders greet the children after the 1:00 Children's Moment and guide them through a short lesson. Lesson plans are provided with helpful details and all the materials needed. [Check out this link to volunteer for Wonders of Worship.](#)



#### VBS VOLUNTEER

**VBS is June 26-30** — The VBS theme this year is "Hero Hotline: Called Together to Serve God." What a great message for our kids to hear! Make sure to save the date for this year's VBS and get ready to answer the call to serve God this summer! We need superheroes of all ages and abilities to help train and lead our future heroes to greatness. We can't do it without the support of you, the congregation of Fayetteville First. Contact Rev. [Allyson Lawrence](#) or [Allie Hansen](#) today to find out how your abilities and gifts can best serve at VBS this summer.

**VBS workshop**— Want a more in-depth look at Cokesbury VBS? Join us for a training workshop and lunch on March 4 from 10 a.m. - 1 p.m.

In this workshop you'll learn about:

- the 5 different sessions of Hero Hotline VBS
- the Bible story backgrounds for each session
- the music
- the science experiments
- the crafts, snacks, and recreation



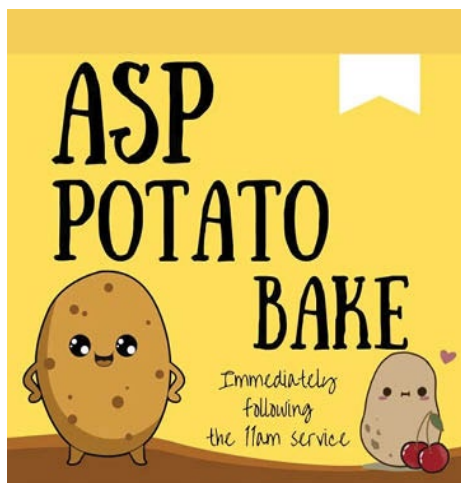
## Messy Church - TOMORROW! Register TODAY!

Saturday, February 11, 2023 at 9:30 AM to 1:30 PM

Join Pastor Allyson and others for a workshop that will help us think about new ways of being church. We will learn ways to engage families in worship together as we consider next steps for intergenerational gathering to connect new people in new places. Lunch is included but you must register. Contact [Pastor Allyson](mailto:Pastor Allyson) or go to <https://www.ngumc.org/eventdetail/messy-church-before-and-beyond-17105429> for more information.

## FFUMC Youth NEWS

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### ASP Potato Bake Youth Fundraiser

**Sunday, February 12**

**Immediately following the 11am service in gym**

Join FFUMC Youth and Inman UMC Youth for a potato bake fundraiser, hosted by us, Fayetteville First UMC! Come enjoy a hot, fresh baked potato and salad bar as we fellowship in community with congregation members from Inman UMC. We'll also be sharing stories from last year's Appalachia Service Project (ASP) trip, as well as answering any questions you may have about the ASP program and mission work. Donations are greatly appreciated but not required. All proceeds will go towards directly funding the trip costs of FFUMC and Inman UMC youth trip costs.

## With Gratitude

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Your generous support allowed Midwest Food Bank Georgia to distribute over \$27 million worth of food in 2022. On behalf of those we serve, we offer you our heartfelt thanks.

— Your Midwest Food Bank Georgia Family

## Celebration of Life

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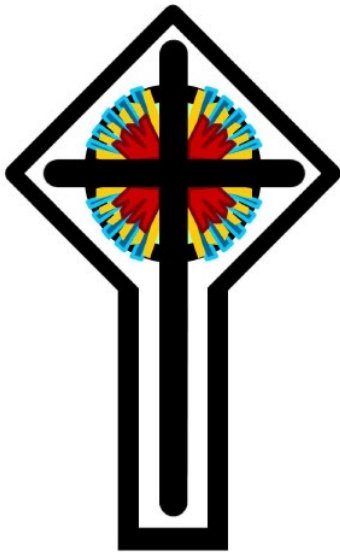
### Stephanie Gill

The Nelson Family invites you to a celebration of the life of Stephanie Gill on February 11. All are welcome.

**Saturday, February 11**

1:00 to 3:00 PM

Senoia United Methodist Church



## February 8, 2023 Financials

### Operating Budget

Year to Date receipts	\$128,639.04
Year to Date expenses	\$142,703.36
Difference	- \$14,046.32

### Benevolence

Benevolence funds received this week: \$ 1,621.00  
13 benevolence clients assisted year to date for a total of \$3,906.60.

### You can continue your financial support in many ways:

Online giving: [Click here.](#)

Mail check to church or place it in the drop box at the church office.

Use electronic funds transfer with your bank.

### Regular Church Office Hours:

Monday – Thursday 9 a.m. to 4 p.m. (closed 12-1 p.m. lunch)

Fridays 9 a.m. to 1 p.m.

Fayetteville First UMC 175 East Lanier Avenue Fayetteville, GA 30214

770-461-4313 [FayettevilleFirst.com](http://FayettevilleFirst.com)

AA Meetings: Sundays 3 PM; Mondays 7 PM;

Wednesdays through Saturdays 7 PM

NA Meeting: Thursdays and Saturdays 7 PM



February 20

President's Day Holiday

Church Office and

Entire Church Campus Closed

Please **DO NOT ENTER ANY DOOR**

anywhere on the church campus on Monday, February 20,

**EVEN IF YOU HAVE A DOOR CODE.**

Entry of any type will set off alarms.

Church office and campus will reopen Tuesday, February 21.

# inspired ...

## Dulcimers and YOU at Titus II

Our seniors were inspired this week at the February Titus II meeting as The Fayetteville Dulcimer Group from the Senior Center shared favorite songs from old. Organized more than 10 years ago, the group of up to 20 players meets regularly to learn, practice and share beautiful mountain fiddle and folk music and hymns. Pat Hobson shared the history of some songs and led a largely sing-along presentation which included "Little Liza Jane," "My Bonnie Lies Over the Ocean," and "Amazing Grace." The Valentine-inspired decorations were nice as well! We all had a good time.



*The Fayette Dulcimer Group shared soothing and beautiful music at Titus II. Fayetteville First UMC is well represented in the group by Blanche Babcock (above right) and Pat Hobson (left). Beverly Redd (not shown) also faithfully plays with the group. Thanks for the lovely music!*