

55+

SENIORS
DOING MORE



Check out these varied opportunities at Fayetteville First UMC for those aged 55 plus. There's a place for YOU!



Senior Adults Going Everywhere: That's SAGE. Take a day-trip with friends. Sign up in the church office.

July 19, 2018 **8:30 a.m. to 4 p.m.**
Head to Tiger territory as we visit Auburn, Alabama, to have lunch at the Acre Restaurant (voted best in Alabama) and to shop. Cost: \$5 plus lunch and shopping. (Limit 24)

August 16, 2018 **1 p.m. to 9 p.m.**
Take an afternoon trip to Anniston, Alabama, to visit the Anniston Museum of Natural History and enjoy supper at Top o' the River restaurant. Cost: \$9 plus supper.

September 19, 2018 **9:30 a.m. to TBD**
Go out to the ballgame and see the Atlanta Braves take on the St. Louis Cardinals. The game begins at 12:15 p.m. Our return time depends on the length of the game. Seats for seniors reserved until August; unsold seats will then be offered to church at large. Cost: \$35 plus lunch at the park.

October 11, 2018 **TBD**
Visit Panorama Farmers Market near Ellijay for apples and lunch.

November 8, 2018 **TBD**
Take a trip to Gibbs Gardens to see the Japanese Maples in their fall beauty plus lunch.



Titus 2:7: "Set an example by doing what is good." The senior lunch and learn program invites special guests to provide helpful information while the group enjoys a meal together. All meetings begin at noon in the gym. Lunch reservations are due by noon the Thursday before each lunch. Cost \$6. Call Martha Turner at 770-461-2802.

September 11 **Reserve by September 6**
"Danny Beck and Friends" - Enjoy foot-stomping, fun-loving music and no doubt a bit of Danny's wit and wisdom.

October 2 **Reserve by September 27**
"Dressed to Kill" - Deborah Riddle of the Holliday Dorsey Fife Museum is coming in costume to describe clothes of the past (primarily 19th Century)

November 6 **Reserve by November 1**
"Go Green for the Holidays" - Tami Kemberling will provide tips for taking care of "God's good green earth."

December 4 **Reserve by November 29**
"Holiday Music" - Patricia Banks and the Inman Elementary School Chorus kickoff the Christmas season with a delightful group of 4th and 5th grade students.

Seasoned Singers

A great group meets weekly on Tuesdays at 1:30 p.m. (September through May) for fun, laughter, singing and fellowship. Occasionally they visit nursing homes or assisted living facilities to sing and share their joy. They also share their hearts with us in worship. Director: Deb Cole.



All men are invited to a monthly potluck dinner, usually on the first Tuesday of each month at 6:15 p.m. for a meal, meeting and program. This group of all ages supports church missions and other ministries.



This group provides an outlet for women to channel their involvement in missions both at home and abroad. Organized in circles with women of all ages, groups

meet at various times with each group supporting missions of their own choosing. Along the way, they often develop life-long relationships as they serve others.



Move 4 Life is an exercise and education program focused on improving strength, flexibility, balance and posture. Classes are offered Monday and Wednesday at 10:30 a.m. and are open as an outreach to the community. **Yoga** enthusiasts meet with a local qualified instructor. Call the church office for the current schedule.

Join In

Seniors are actively involved in nearly every ministry at FFUMC, including these additional areas:

- SafeHouse Outreach
- Bible Studies
- Blood Drive
- Shawl Ministry
- Summer Lunch Program
- Creative Expressions Ministry
- Children's Events
- Worship Flower Ministry
- Vacation Bible School



For more information:
770-461-4313
fayettevillefirst.com