

Intentional Advent

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec 1: Hope -Pray for a hope you are carrying in your heart -Worship with listening ears and a hopeful mind <i>Isaiah 2:1-5</i>	Dec 2: Slow down, wait -Practice patience by pausing to reflect during the day's busyness <i>Psalm 37</i>	Dec 3: Do kindness -Volunteer to give someone a hand to get a task done <i>Proverbs 21:21</i>	Dec 4: Honor creation -Plan ways to re-use, reduce and recycle during the holidays <i>Psalm 24</i>	Dec 5: Watch for angels -Recall an experience that can't be explained, and be open to new ones <i>Psalm 91:9-12</i>	Dec 6: Finish something -Work on completing a half-done project or a long-delayed task <i>Philippians 1:6</i>	Dec 7: Be an encourager -Give someone a word of praise that you've been meaning to speak <i>1st Thessalonians 5:11</i>
Dec 8: Peace -Pray about a conflict, that peace may come -Find peace in worship with fellow believers <i>Isaiah 11:1-10</i>	Dec 9: Make a sacrifice -Go out of your way or do without for the sake of fulfilling another's need <i>Ephesians 5:1-2</i>	Dec 10: Notice -Pay attention to nature at work in plants, animals, even insects. <i>Genesis 1</i>	Dec 11: Step back -Let someone else go ahead of you, or open a door for a stranger <i>Hebrews 13:2</i>	Dec 12: Reach out -Contact someone you've been missing to say that he or she is on your mind <i>Titus 3:15</i>	Dec 13: Take delight -Engage with someone or something beautiful that makes you glad to be alive <i>Psalm 19:1-6</i>	Dec 14: Give -Donate to a cause that expresses your sense of God's purpose <i>2nd Corinthians 9:6-7</i>
Dec 15: Joy -Pray gratefully for the joy in your life -Experience the Lessons & Carols worship service <i>Luke 1:46-55</i>	Dec 16: Invite -Host someone you'd like to know better for coffee or lunch -Invite someone to worship with you on Christmas Eve <i>1st Peter 4:9</i>	Dec 17: Enjoy music -Sing all the verses of your favorite carol and think about what makes it special to you <i>Colossians 3:16</i>	Dec 18: Relax -Research says this is the most stress-filled day of the year. Buck the trend! Put aside an activity that causes you stress <i>Isaiah 26:3-4</i>	Dec 19: Learn -Think of something you question – or just want to know more about – and dig into it in a book or online <i>Romans 12:2</i>	Dec 20: Witness -Say "God Bless You" to people you encounter throughout the day; as you feel an opening, tell someone of your faith <i>Numbers 6:24-26</i>	Dec 21: Expect good -Anticipate a joyous Christmas because Jesus Christ is coming <i>Micah 4:2-5</i>
Dec 22: Love -Pray that people you love will experience God With Us, even as you do -Worship expectantly <i>Matthew 1:18-25</i>	Dec 23: Surprise -Do an act of generosity that surprises and delights a family member, friend or stranger <i>Micah 6:8</i>	Dec 24: Rejoice -Let your first act of the day be gratitude that Christ is coming -Worship on Christmas Eve <i>Luke 2:1-20</i>	<p><i>"The Light shines in the darkness...."</i></p> <p>John 1:5</p>			

This *Season of the Nativity* begins with Advent, reaches a crescendo with Christmas, and moves forward into Epiphany. Prophets foretold that God would send a Messiah — yet God surpassed prophecy by sending Jesus as Emmanuel, *God With Us*. Throughout this season, let us experience God With Us through daily acts of kindness, devotion, and worship.

Fayetteville First United Methodist Church
 fayettevillefirst.com

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