# **BIG ACTIVITY**

**Purpose:** To give children a tool that helps them to replace negative thoughts with good thoughts from God's word.

#### Supplies Needed:

Jar with lid or a small box for each child, scissors, string or ribbon, slips of coloured paper, labels and list of bible verses to choose from printed from print material files or for younger children pre-print the verses onto different coloured paper and cut the squares.

#### Directions:

Children can decorate the label for their jar and choose some string or ribbon to tie around the neck of the jar. Children can then fill their jar with "good thought" slips, choosing verses and writing them out onto coloured paper, folding them and placing them in the jar. For younger children, use the pre-printed verses.



HH1.2 BIG ACTIVITY



### I CAN CHOOSE WHAT I THINK ABOUT

\_\_\_\_\_'s good thoughts jar

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#### VERSES TO CHOOSE FROM, OR WRITE DOWN YOUR FAVOURITES ©

Isaiah 41:10(NIV) "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

John 16:33(NIV) "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Psalm 16:8 (NIV) "I keep my eyes always on the Lord. With him at my right hand, I will not be shaken."

Jeremiah 29:11 (NIV) "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

Romans 8:28 (NIV) "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

John 3:16 (NIV)"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

1 Peter 5:7 (NIRV) "Turn all your worries over to him. He cares about you."

Proverbs 17:22 (NIV) "A cheerful heart is good medicine"



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