

BIG ACTIVITY

Purpose: For children to remember that they can choose what they think about.

Supplies Needed: 2 paper plates per child, scissors, marker, black dot stickers or goggly eyes, glue, string or wool, hole punch, "I can choose what I think about" label and pictures printed from the print material files.

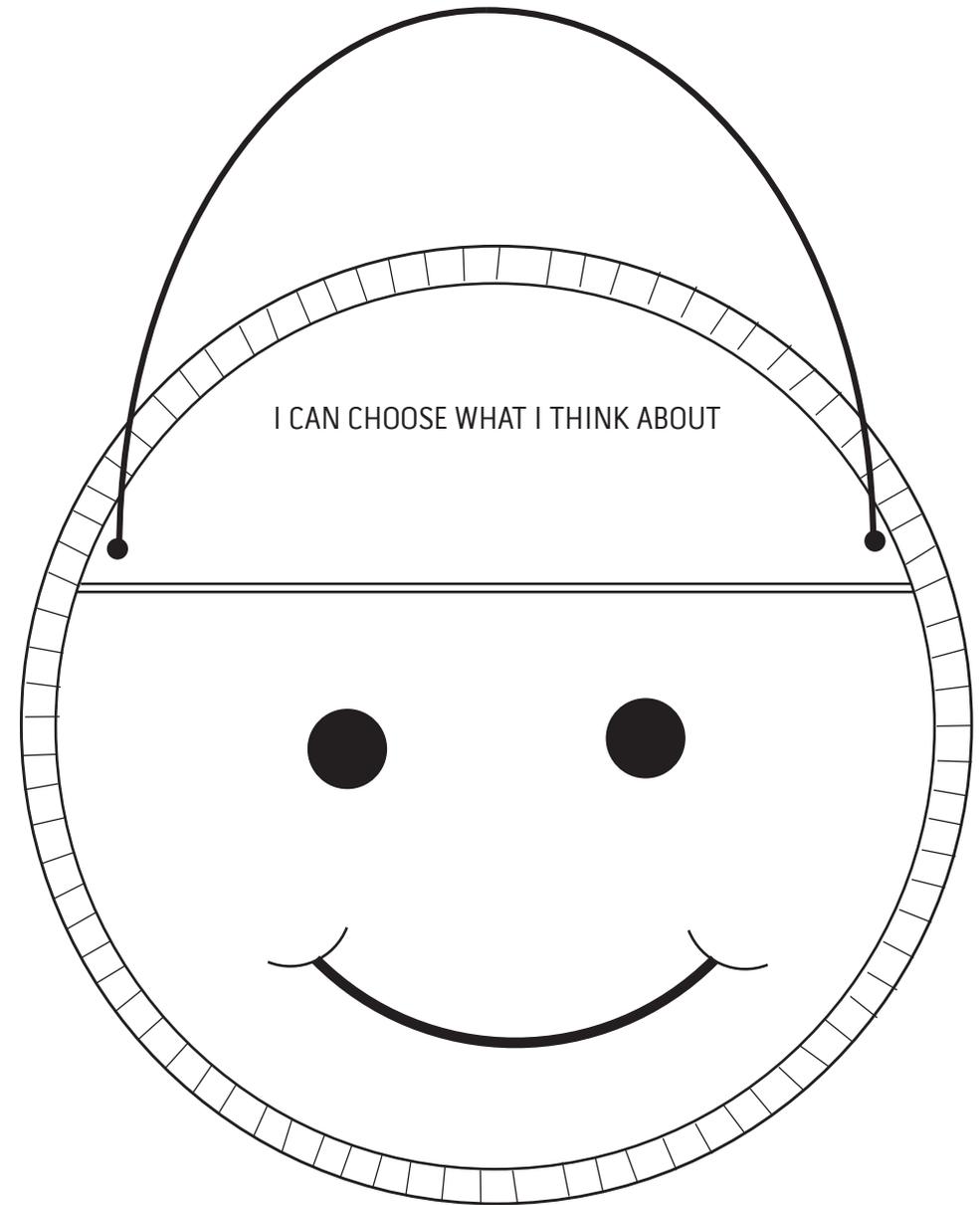
Directions:

Cut one the top third off one of the paper plates and staple the two plates together with the tops of the plates facing into one another. On the shorter plate, stick on two black dots or goggly eyes and draw on a smile with a marker.

Next place the "I can choose what I think about" label onto the top of the bigger plate. Lastly punch a hole on either side of the plate and thread a length of string so it can be hung up.

Lay out the pictures and allow the children to choose which things they want to add in, showing what they choose to think about.

Explanation: I can choose what to think about. Every day take notice of your thinking and choose to think about good things! What good things do you like to think about? What good things has God done in your life? There are so many good things to think about!



In the thought bubble, draw or write something that you like to think about. Next cut along the dotted lines. Then turn the shape over and use some tape to stick a straw onto the back to use as a handle. Take fun photo booth photos holding your thought bubble over your head.



**I CAN CHOOSE
WHAT I THINK ABOUT**

