



LEADER'S GUIDE

PRESCHOOL & TODDLERS

BIG PICTURE:

HEAD

BIG IDEA:

THINK ON THESE THINGS

BIG POINT:

I CAN CHOOSE WHAT I THINK ABOUT

BIG WORD:

DON'T LIVE ANY LONGER THE WAY THIS WORLD LIVES. LET YOUR WAY OF THINKING BE COMPLETELY CHANGED. THEN YOU WILL BE ABLE TO TEST WHAT GOD WANTS FOR YOU. AND YOU WILL AGREE THAT WHAT HE WANTS IS RIGHT. HIS PLAN IS GOOD AND PLEASING AND PERFECT.

ROMANS 12:2 (NIRV)



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DOCUMENT PURPOSE

This document is the Leader's Guide for BIG Picture HEAD HEART HANDS - HEAD. It contains an outline to prepare an impacting small group time for you and your children.

The BIG 'Head Heart Hands' User Guide document contains all the service element information, including the large group segment of your service.

Make sure you read through and prayerfully study this material prior to your service to be fully prepared to minister to your children.



BIG PICTURE: HEAD

BIG IDEA: THINK ON THESE THINGS

HHH
1.2

Learning Outcomes

At the conclusion of this lesson children will:

- Understand that the we must take negative thoughts captive and replace them with Godly thoughts.
- Learn that we can choose to think on what is noble, right, pure, lovely, admirable, excellent or praiseworthy.
- Know that we can pray, give God our worries, and He will give our minds peace.

BIG POINT: I CAN CHOOSE WHAT I THINK ABOUT

BIG WORD: DON'T LIVE ANY LONGER THE WAY THIS WORLD LIVES. LET YOUR WAY OF THINKING BE COMPLETELY CHANGED. THEN YOU WILL BE ABLE TO TEST WHAT GOD WANTS FOR YOU. AND YOU WILL AGREE THAT WHAT HE WANTS IS RIGHT. HIS PLAN IS GOOD AND PLEASING AND PERFECT. ROMANS 12:2 (NIRV)

KIDS DISCIPLESHIP GROUP (KDG)

DOCUMENT PURPOSE

Use this KDG outline to prepare an impacting small group time for you and your children.

THE BIG QUESTION (TO DISCUSS IN YOUR KDG'S)

1. Can we choose what to think about?

Yes, we can choose what thoughts we have. We don't need to have negative thoughts like being sad, worried, angry, upset. We can choose to have good thoughts! We can choose to focus on and think about good things!

2. What can we do with negative (not good) thoughts? What are some good things you can choose to think about?

Get rid of them and replace them with good thoughts! Just like keeping a garden growing with beautiful nice plants, we need to pull out the weeds. There are good things we can think about instead like; how much God loves us, the beautiful world we live in, our friends and family.

3. How does God help us with our worries?

If we have worries or thoughts that make us sad, we can pray and give them to God, and He will give our minds peace. Philippians 4:6-7 (NIRV) says "Don't worry about anything. Instead, tell God about everything. Ask and pray. Give thanks to him. Then God's peace will watch over your hearts and your minds because you belong to Christ Jesus. God's peace can never be completely understood."



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THE BIG ACTIVITY

Purpose: For children to remember that they can choose what they think about.

Directions: Cut the top third off one of the paper plates and staple the two plates together with the tops of the plates facing into one another.

On the shorter plate, stick on two black dots or goggle eyes and draw on a smile with a marker. Next place the "I can choose what I think about" label onto the top of the bigger plate. Lastly punch a hole on either side of the plate and thread a length of string so it can be hung up.

Lay out the selection of images cut into small cards and allow the children to choose which things they want to add in, showing what they choose to think about.

Explanation: I can choose what to think about. Every day take notice of your thinking and choose to think about good things! What good things do you like to think about? What good things has God done in your life? There are so many good things to think about!

PLAYTIME LEARNING ACTIVITY

Gardening!

Set out a special "gardening" table and allow a few children at a time to help to do some gardening, children can wear the gardening gloves and dig through the garden to find bugs, water the flowers and pull out the weeds and any other little objects that don't belong in a flourishing garden.

Talk to the children about how watering plants, pulling weeds and tending to a garden helps the right things grow.

Your mind is a bit like a garden. There's two kinds of thoughts that can grow in your mind. If you want good thoughts to grow in your mind then you need to water them by having more good thoughts! Our mind can have thoughts that we don't want to grow, thoughts like being worried, being sad, being mean or selfish. If we don't get rid of these thoughts and let them grow, soon there's no room for good thoughts!

The Bible says we should choose to think about good things. Philippians 4:8 (NIV) "Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."

PRAYER

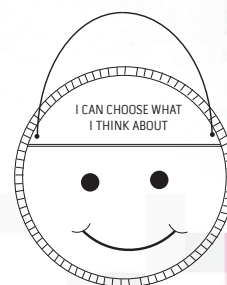
Dear God,

Thank you that you created us and our amazing minds. Help us to line up our thinking with your thinking, help us to discover truth in your word, the Bible.

In Jesus name, Amen

Supplies Needed:

2 paper plates per child, scissors, marker, black dot stickers or goggle eyes, glue, string or wool, hole punch, I can choose what I think about label and pictures printed from the print material files.



Supplies Needed:

A few pairs of small or child size gardening gloves, small plastic shovels and buckets and sieves (sand play toys work great!), shallow and wide tub of dirt or sand, fake flowers, plastic bugs, small watering can (with only a little water in it), a few small objects that don't belong in a garden or "weeds" made from pipe cleaners.