



LEADER'S GUIDE

OLDER CHILDREN & PRETEENS

BIG PICTURE:

HEAD

BIG IDEA:

THINK ON THESE THINGS

BIG POINT:

I CAN CHOOSE WHAT I THINK ABOUT

BIG WORD:

DON'T LIVE ANY LONGER THE WAY THIS WORLD LIVES. LET YOUR WAY OF THINKING BE COMPLETELY CHANGED. THEN YOU WILL BE ABLE TO TEST WHAT GOD WANTS FOR YOU. AND YOU WILL AGREE THAT WHAT HE WANTS IS RIGHT. HIS PLAN IS GOOD AND PLEASING AND PERFECT.

ROMANS 12:2 (NIRV)



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DOCUMENT PURPOSE

This document is the Leader's Guide for BIG Picture HEAD HEART HANDS - HEAD. It contains an outline to prepare an impacting small group time for you and your children.

The BIG 'Head Heart Hands' User Guide document contains all the service element information, including the large group segment of your service.

Make sure you read through and prayerfully study this material prior to your service to be fully prepared to minister to your children.



BIG PICTURE: HEAD

BIG IDEA: THINK ON THESE THINGS

HHH
1.2

Learning Outcomes

At the conclusion of this lesson children will:

- Understand that we must take negative thoughts captive and replace them with Godly thoughts.
- Learn that we can choose to think on what is noble, right, pure, lovely, admirable, excellent or praiseworthy.
- Know that we can pray, give God our worries, and He will give our minds peace.

BIG POINT: I CAN CHOOSE WHAT I THINK ABOUT

BIG WORD: DON'T LIVE ANY LONGER THE WAY THIS WORLD LIVES. LET YOUR WAY OF THINKING BE COMPLETELY CHANGED. THEN YOU WILL BE ABLE TO TEST WHAT GOD WANTS FOR YOU. AND YOU WILL AGREE THAT WHAT HE WANTS IS RIGHT. HIS PLAN IS GOOD AND PLEASING AND PERFECT. ROMANS 12:2 (NIRV)

KIDS DISCIPLESHIP GROUP (KDG)

DOCUMENT PURPOSE

Use this KDG outline to prepare an impacting small group time for you and your children.

CONNECT TIME

If you were in charge of your whole school for one day, what would you do or what would you change?

THE BIG QUESTION (TO DISCUSS IN YOUR KDG'S)

1. How do we know if we are thinking about the right things?

If you're not sure if what you're thinking is right or not, put your thought to the test: Read Philippians 4:8 (NIV) Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Is what you're thinking about: 1. True 2. Noble 3. Right 4. Pure 5. Lovely 6. Admirable 7. Excellent 8. Praiseworthy?

Does your thinking line up with what God's word says? Reading God's word helps us to continually give our heads a check up, realigning our thinking with the truth.

2. What can we do with negative (not good) thoughts?

Kick negative thoughts out! Forgive others, let go, move on and give it to God. Replace negative thoughts with GOOD thoughts and God's truth. If you're too busy thinking about GOOD things there's no room for negative thoughts to take up space in our minds. We will ALWAYS have opportunities to think negative thoughts. Things happen in life that we can't control, things that could make us think angry, annoyed, upset or mean thoughts but we don't have to think that way. We can choose what we think about. We don't have to set up camp and live with those negative thoughts! We can replace them with positive thoughts, we make the choice to do this over and over again. It's a daily and maybe even many times a day choice.

3. How can we have peaceful minds?

When our thinking is like a song stuck on repeat with the same negative thought or worry playing over and over again we don't feel peaceful. Worries that haunt our thinking steal our peace! God promises that when we give our worries to Him, we can have peace. Philippians 4:6-7(NIRV) "Don't worry about anything. Instead, tell God about everything. Ask and pray. Give thanks to him. Then God's peace will watch over your hearts and your minds because you belong to Christ Jesus." No matter what the situation is, no matter what we're facing God can give us peace. Sometimes we get caught up worrying about things that really we don't even need to think about, instead pray and give your worries to God.



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ACTIVITY SHEETS

Children complete the activity sheets in this time.

THE BIG ACTIVITY

Purpose: To give children a tool that helps them to replace negative thoughts with good thoughts from God's word.

Directions: Children can decorate the label for their jar and choose some string or ribbon to tie around the neck of the jar. Children can then fill their jar with "good thought" slips, choosing verses and writing them out onto coloured paper, folding them and placing them in the jar.

Explanation: I can choose what to think about. To be able to replace our negative thoughts with good thoughts from God's word we need to get to know God's word! Use this jar to practice taking good thoughts from God's word and carrying them with us to learn and think about. What we think about makes a big difference to our lives, so choose to think about good things and Godly things!

BIG WORD

Where's that word?

Don't live any longer the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect. Romans 12:2 (NIRV)

Give each child a Big Word page and encourage them to find the missing words and glue them on in the right places in the verse. Watch out for the wrong words that don't belong at all! Repeat the verse together a few times until everyone has it memorised.

GAME

Silent Ball

Have the whole group stand in a circle, along with you the leader. The object of the game is to keep the ball in play without making any noise, no talking and no laughing! The leader is the only person who can talk. Players throw the ball across the circle to another player, catch it and throw it to someone else. A player must sit down if they; talk, make a sound, drop the ball, throw the ball to hard/fast for someone to catch or throw the ball back to the person who threw it to them. The last two people standing are the winners.

PRAYER

Dear God,

Help us to choose the right things to think about. Thank you that you give us good things to think about and so much to be thankful for. We give our worries to you and know that you will give our minds peace.

In Jesus name, Amen

Supplies Needed:

Jar with lid or a small box for each child, scissors, string or ribbon, slips of coloured paper, labels and list of Bible verses to choose from printed from print material files.



Supplies Needed:

Big Word page and extra words printed for each child from Print material files. Cut out the extra word cards. Glue

Supplies Needed:

A ball