

# Table Group

---

*Week of March 1, 2021*

## Exodus 20:1-17

<sup>1</sup>Then God spoke all these words:

<sup>2</sup> I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; <sup>3</sup>you shall have no other gods before me.

<sup>4</sup> You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. <sup>5</sup>You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, <sup>6</sup>but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

<sup>7</sup> You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

<sup>8</sup> Remember the sabbath day, and keep it holy. <sup>9</sup>For six days you shall labour and do

all your work. <sup>10</sup>But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. <sup>11</sup>For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

<sup>12</sup> Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

<sup>13</sup> You shall not murder.

<sup>14</sup> You shall not commit adultery.

<sup>15</sup> You shall not steal.

<sup>16</sup> You shall not bear false witness against your neighbor.

<sup>17</sup> You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

It's been said that rules are identity makers. Rules send a message by telling who we are and what we believe is important. Based on this scripture about the ten commandments, what ideals did the Israelites believe was important? If you gave something up for Lent, or took something on, to what principles do your own personal rules point? Do they ultimately point to God?

The following questions allow for mutual accountability, where spiritual friends are found confessing sin without fear of condemnation.

- How is it with your soul?
- What known sins have you committed since our last meeting?
- What temptations have you met with?
- How were you delivered?
- What have you thought, said, or done, of which you doubt whether it be sin or not?
- Have you nothing you desire to keep secret?
- ★ Where/How have you experienced God this week?
- ★ Where/How have you seen love flow?