

Table Group

Week of August 16, 2021

Ephesians 6:10-20

¹⁰ Finally, be strengthened by the Lord and his powerful strength. ¹¹ Put on God's armor so that you can make a stand against the tricks of the devil. ¹² We aren't fighting against human enemies but against rulers, authorities, forces of cosmic darkness, and spiritual powers of evil in the heavens. ¹³ Therefore, pick up the full armor of God so that you can stand your ground on the evil day and after you have done everything possible to still stand. ¹⁴ So stand with the belt of truth around your waist, justice as your breastplate, ¹⁵ and put shoes on your feet so that you are ready to spread the good news of peace. ¹⁶ Above all, carry the shield of faith so that you can extinguish the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is God's word.

¹⁸ Offer prayers and petitions in the Spirit all the time. Stay alert by hanging in there and praying for all believers. ¹⁹ As for me, pray that when I open my mouth, I'll get a message that confidently makes this secret plan of the gospel known. ²⁰ I'm an ambassador in chains for the sake of the gospel. Pray so that the Lord will give me the confidence to say what I have to say.

Notice, all but the sword (the word of God), function for defense and protection. In what ways do you recognize the 'armor of God' surrounding you and protecting you in difficult situations? How do you understand this suit of armor as it relates to praying for one another?

Ponder these questions and share as you are comfortable:

- *What known sins have you committed since our last meeting?*
- *What temptations have you met with?*
- *How were you delivered?*
- *What have you thought, said, or done, of which you doubt whether it be sin or not?*
- *Have you nothing you desire to keep secret?*