

Table Group

Week of August 2, 2021

Ephesians 4:25-5:2

4 ²⁵ Therefore, after you have gotten rid of lying, Each of you must tell the truth to your neighbor because we are parts of each other in the same body. ²⁶ Be angry without sinning. Don't let the sun set on your anger. ²⁷ Don't provide an opportunity for the devil. ²⁸ Thieves should no longer steal. Instead, they should go to work, using their hands to do good so that they will have something to share with whoever is in need.

²⁹ Don't let any foul words come out of your mouth. Only say what is helpful when it is needed for building up the community so that it benefits those who hear what you say. ³⁰ Don't make the Holy Spirit of God unhappy—you were sealed by him for the day of redemption. ³¹ Put aside all bitterness, losing your temper, anger, shouting, and slander, along with every other evil. ³² Be kind, compassionate, and forgiving to each other, in the same way God forgave you in Christ.

5 Therefore, imitate God like dearly loved children. ² Live your life with love, following the example of Christ, who loved us and gave himself for us. He was a sacrificial offering that smelled sweet to God.

Be honest with yourself –Do your words and actions reflect what you profess to believe about Christ? When have you spoken in ways that caused harm? When have you spoken in ways that imitated Christ?

Ponder these questions and share as you are comfortable:

- *What known sins have you committed since our last meeting?*
- *What temptations have you met with?*
- *How were you delivered?*
- *What have you thought, said, or done, of which you doubt whether it be sin or not?*
- *Have you nothing you desire to keep secret?*